



## Hawks Cup Junior and Senior Secondary School Programmes; Introduction

The 'Hawks Cup' is an Inter School competition format for Junior (years 9/10) and Seniors (year 11/13) students based on fundamental movement and ball skills for boys and girls.

The programme provides introductory sessions and resources presented by qualified AFL New Zealand employees to introduce a new and dynamic sport to students. The skills of 'Kick, Catch, Pass and Bounce' are perfectly matched to cross reference any number of sports. The 9 a side format is suitable for rugby size fields and with three reserves per team, team numbers are easy to coordinate.

AFL appears in the NZ Secondary School Sports Council calendar and provides all schools with the opportunity to participate in localised cluster tournaments that run for two hours to ensure both travel and time commitments are minimized. The Hawks Cup culminates in North Island and South Island Championships with Seniors held in Term 1 and Juniors Term 4, every year.

### Benefits

1. A new sport providing a level playing field for all students
2. Involvement of local club and staff personnel to guide and coach participants
3. Transferable skill development to other sports
4. Promoting and increasing physical activity for students
5. Links to participation pathways including New Zealand representation and International Scholarships
6. Invitations to AFLNZ National Talent Combines as well as AFLNZ Academy placements

### Resources

1. Rules and regulations for the school and participants
2. Footballs, goal posts, line markers
3. Coaching and umpiring staff facilitators

### Time

Each school receives 15 hours of AFL New Zealand staff contact time to assist in sessions to engage Interest, team organisation and training requirements. These can take place during lunch times, after school or even during class times

### Costs

Registration fee for the Hawks Cup is \$180 inc GST per team. This includes 15 hours contact in the lead up. AFLNZ is involved in funded programmes that can reduce costs for your school in some cases. Programme costs are dependent on time, sessions, staff involved, commitment to resource kits and ongoing activity and the combination of programmes undertaken by the school.

Contact Mick Coultard [hawkscup@aflnz.co.nz](mailto:hawkscup@aflnz.co.nz) 027 2050054 National Secondary Schools Coordinator today for further information.

