

COLLEGE SPORT WELLINGTON



TRACK & FIELD CHAMPIONSHIPS

Tuesday 30th March 2021



Meeting Manager: James Liberona-Feek



Athletics Technical Information

IMPLEMENTS	Javelin	Discus	Shot Put	Hammer
BOYS				
Senior	700gm	1.50kg	5.00kg	5.00kg
Intermediate	700gm	1.25kg	5.00kg	4.00kg
Junior	600gm	1.00kg	4.00kg	4.00kg
GIRLS				
Senior	500gm	1.00kg	3.00kg	3.00kg
Intermediate	500gm	1.00kg	3.00 kg	3.00kg
Junior	500gm	1.00kg	3.00 kg	3.00kg

AGE GROUPS as on 1st January in the year of the Championship

Senior	Under 19
Intermediate	Under 16
Junior	Under 14

Hurdle Heights/Distances:

Boys	Distance	Height (mm)	Colour mark	Number of hurdles	Distance to 1 st hurdle	Distance between hurdles	Run off distance
Senior	110m	914	Blue	10	13.72m	9.14m	14.02m
Intermediate	100m	840	Yellow	10	13.00m	8.50m	10.50m
Junior	80m	762	Black	8	12.00m	8.00m	12.00m
Open	300m	840	Green	7	50.00m	35.00m	40.00m

Girls	Distance	Height (mm)	Colour mark	Number of hurdles	Distance to 1 st hurdle	Distance between hurdles	Run off distance
Senior	100m	762	Yellow	10	13.00m	8.50m	10.50m
Intermediate	80m	762	Black	8	12.00m	8.00m	12.00m
Junior	70m	762	Pink	8	11.00m	7.00m	10.00m
Open	300m	762	Green	7	50.00m	35.00m	40.00m

Selection of finalists (100m): First 3 in each heat and then next fastest 3 (if 9 lanes are available)

Starting heights for High Jump	Girls- Junior 1.25	Intermediate 1.30	Senior 1.35
	Boys- Junior 1.40	Intermediate 1.45	Senior 1.50

CSW REGIONAL ATHLETIC CHAMPIONSHIPS	TUESDAY 30 MARCH 2021- WELCOME AT 9AM NEWTOWN PARK FUNCTION ROOM
ROLE	APPOINTEE
Meeting Manager	James Liberona-Feek
Referees: Track	Geoff Henry
Field	Athletics Wellington
Announcer	Tim Fox
Equipment Manager	Mike Ritchie
Results/Control room	Tracey Devereux, David Faa'tafa
Results assistants- runners	Tawa students x 2
Photo Finish	Peter Baillie, plus helper
Timekeepers	Catherine Nota, Gerad Brennan and HIBS Helpers
STARTING TEAM	
Starter	Mark Hurley
Starters Assistants/Marshalling	Te Wai Piripi plus Bernards Helpers
Safety Judge	Geoff Henry
Track Judging	Alan Stevens, Gabby O'Rourke, Lisa McPherson
Block movers	Te Wai Piripi Bernards plus helpers
Hurdles	Leigh Lidstone plus SPT Helpers
Recorder at finish line	Nadine Stembridge, Pip Caughley
AWD	
Chief judge – Long jump/Triple Jump Team 1	Dave Keat
Helpers	DI Jordan, 2xHVHS Helpers
Chief Judge – Long Jump/Triple Jump Team 2	Alo Ashby
Helpers	Hemant Lala, TBC
Chief judge-High Jump	Tom Graham
Helpers	Yvonne Manuel (Morning), Paraparaumu Helpers
Chief Judge-Javelin	John Turner
Helpers	Kiedis Clark, Tom Poland
Chief Judge-Discus	Ross Hanning
Helpers	Wairarapa Schools
Chief Judge-Shot Put	Debbie Coetzee & Jade Eru (Morning), Arlene Hewitt (Afternoon)
Helpers	2x HVHS Helpers
Function room official	Claire Anderson
Medical Support	Wakefield Sports Med
Extra help	
WELLINGTON SS TEAM SELECTOR	Athletic Wellington- Don Dalglish

Programme and Records-Track Events

Time	Event	Age Group	Record Holder	Time	School	Year
9.30am	3000m	Junior Girls	Phoebe McKnight	10:20.77s	HVHS	2015
9.30am	3000m	Junior Boys	Will Anthony	9:32.00s	Scots	2017
9.45am	100m	Junior Girls				
9.50am	100m	Junior Boys				
9.55am	100m	Intermediate Girls				
10.00am	100m	Intermediate Boys				
10.05am	100m	Senior Girls				
10.10am	100m	Senior Boys				
10.15am	800m	Junior Girls	L Hegan	2:17.69s	Wellington Girls'	2016
10.20am	800m	Junior Boys	Finn Seeds	2:03:33s	Hutt International	2017
10.25am	800m	Intermediate Girls	A McKenzie	2:13.30s	Hutt Valley Memorial	1980
10.30am	800m	Intermediate Boys	Josh Ledger	1:57.85s	Hutt International	2013
10.35am	800m	Senior Girls	H Garrett	2:11.80s	Upper Hutt	1987
10.40am	800m	Senior Boys	K McDonald	1:55.46s	Scots	2011
10.45am	200m	AWD Boys				
10.50am	200m	Junior Girls	H Rhoades	26.24s	Hutt Valley High	1993
10.55am	200m	Junior Boys	Ben Lambert	23.59s	Paraparaumu College	2019
11.00am	200m	Intermediate Girls	K Wilson	25.52s	Hutt Valley High	1988
11.05am	200m	Intermediate Boys	David Falealili	22.24s	Scots	1998
11.10am	200m	Senior Girls	J Coulter	25.10s	Samuel Marsden Collegiate	1986
11.15am	200m	Senior Boys	M Coad	22.04s	St Patrick's Town	1993
11.20am	3000m	Intermediate Girls	Phoebe McKnight	9:39.68s	Hutt Valley High	2016
11.20am	3000m	Intermediate Boys	Will Anthony	9:00.04s	Scots	2018
11.35am	Hurdles 70m	Junior Girls	B Beazer	11.60s	Wainuiomata	1992
11.45am	Hurdles 80m	Junior Boys	M Walker-Tepania	11.48s	Aotea	2007
11.55am	Hurdles 80m	Intermediate Girls	Phoebe Edwards	12.09s	Wellington East	2013
12.05pm	Hurdles 100m	Senior Girls	Phoebe Edwards	14.37s	Wellington East	2015
12.15pm	Hurdles 100m	Intermediate Boys	Nicholas Kalavati	13.73s	Silverstream	2003
12.25pm	Hurdles 110m	Senior Boys	M Proctor	15.04s	St Patrick's Town	2009
12.35pm	300m	Junior Girls	C O'Callaghan	43.15s	Wellington East	2007
12.40pm	300m	Junior Boys	F Tau	38.16s	St Patrick's Town	2012
12.45pm	400m	Intermediate Girls	K Brewer	58.40s	Tawa	1991
12.50pm	400m	Intermediate Boys	P Young	50.76s	Wellington College	1992
1.00pm	400m	Senior Girls	K Freakley	57.00s	Naenae	1977
1.05pm	400m	Senior Boys	A Green	49.00s	Wellington College	1986
1.15pm	3000m	Senior Girls	Kirstie Rae	9:38.69s	Wellington East Girl	2019
1.15pm	3000m	Senior Boys	Will Anthony	8:34.03s	Scots	2020
1.30pm	1500m	Junior Girls	Kirstie Rae	4:50.40s	Wellington East	2015
1.38pm	1500m	Junior Boys	Finn Seeds	4:18.28s	Hutt International	2017
1.45pm	1500m	Intermediate Girls	T Hunt	4:40.36s	Wellington East	2016
1.53pm	1500m	Intermediate Boys	N Barrett	4:03.63s	Scots	2008
2.00pm	100m	AWD Boys & Girls				
2.05pm	100m	Junior Girls	S Harrison	12.70s	Naenae	1978
2.10pm	100m	Junior Boys	J Williams	11.73s	Wellington College	2017
2.15pm	100m	Intermediate Girls	S Gray	12.48s	Naenae	1988
2.20pm	100m	Intermediate Boys	David Falealili	10.97s	Scots	1998
2.25pm	100m	Senior Girls	K Freakley	11.80s	Naenae	1978
2.30pm	100m	Senior Boys	Donald McDonald	11.03s	Scots	1994
2.35pm	1500m	Senior Girls	A Stuart	4:31.30s	Aotea	1986
2.43pm	1500m	Senior Boys	A Leslie	3:58.30s	Tawa	1977
2.50pm	4x100 Relay	Junior Girls		53.10s	Wellington East	1980
2.55pm	4x100 Relay	Junior Boys		46.95s	St Patrick's Town	2012
3.00pm	4x100 Relay	Intermediate Girls		51.50s	Paraparaumu	1980
3.05pm	4x100 Relay	Intermediate Boys		44.60s	St Patrick's Town	2014
3.10pm	4x100 Relay	Senior Girls		49.70s	Wellington Girls'	1983
3.15pm	4x100 Relay	Senior Boys		43.63s	Wellington College	2007

Programme and Records – Field Events

Time	Event	Age Group	Record Holder	Distance	School	Year
9.30am	Discus	Junior Boys	Zion Trigger Faitele	49.40m	St Patrick's Town	2016
9.30am	Shot Put	Junior Girls	Elizabeth Hewitt	12.51m	Chilton St James	2018
9.30am	Javelin	Senior Girls	Emma Fulbook	41.13m	Samuel Marsden Collegiate	2015
9.30am	Javelin	AWD Boys				
9.30am	Long Jump	Intermediate Girls	Hannah McEwan	5.58m	Samuel Marsden Collegiate	2002
9.30am	Long Jump	Senior Boys	Roderick Solo	6.78m	Scots	2019
9.30am	High Jump	Intermediate Boys	J Roderique	1.90m	Onslow	2009
10.25am	Discus	Senior Boys	S Sola	54.48m	Rongotai	1996
10.25am	Shot Put	Senior Girls	A Mafi	14.91m	Upper Hutt College	2019
10.25am	Shot Put	AWD Boys & Girls				
10.25am	Javelin	Intermediate Girls	Emma Fulbrook	41.07m	Samuel Marsden Collegiate	2013
10.25am	Long Jump	Intermediate Boys	Roderick Solo	6.57m	Scots	2017
10.25am	Long Jump	Junior Girls	E Eastgate	5.19m	Onslow	2008
10.25am	High Jump	Junior Boys	H Walker-Tepania	1.80m	Aotea	2008
11.20am	Discus	Intermediate Boys	N Asofa-Solomona	54.80m	Wellington College	2011
11.20am	Shot Put	Intermediate Girls	Elizabeth Hewitt	13.51m	Chilton St James	2019
11.20am	Javelin	Junior Girls	J Beyler	31.88m	Wellington Girls'	1987
11.20am	Long Jump	Junior Boys	M Walker-Tepania	5.97m	Aotea	2007
11.20am	Long Jump	Senior Girls	N Smith	5.63m	Wainuiomata	1994
11.20am	Long Jump	AWD Boys & Girls				
11.20am	High Jump	Senior Boys	Tom Vodanovich	1.98m	St Patrick's Town	2012
12.15pm	Discus	Senior Girls	Lesa Lealai-Salanoa	47.98m	Porirua	2011
12.15pm	Discus	AWD Boys & Girls				
12.15pm	Shot Put	Intermediate Boys	Victor Vito	16.02m	Scots	2003
12.15pm	Javelin	Junior Boys	C Richard	43.68m	Bishop Viard	1987
12.15pm	Triple Jump	Intermediate Girls	A Thomson	11.18m	Aotea	2011
12.15pm	Triple Jump	Senior Boys	V Poutawera	13.69m	Newlands	1993
12.15pm	High Jump	Junior Girls	Lucy Garner	1.60m	Chilton St James	2010
1.10pm	Discus	Intermediate Girls	Lesa Lealai-Solonoa	45.28m	St Mary's Wellington	2009
1.10pm	Shot Put	Junior Boys	Thomas Waldrom	14.59m	Silverstream	1997
1.10pm	Javelin	Senior Boys	A Stowers	64.62m	Silverstream	1992
1.10pm	Triple Jump	Intermediate Boys	R Aphane	13.41m	Scots	2006
1.10pm	Triple Jump	Junior Girls	K Rybinski	10.40m	Wellington East	2009
1.10pm	High Jump	Senior Girls	Phoebe Edwards	1.72m	Wellington East	2015
2.05pm	Discus	Junior Girls	J Akavi	33.20m	Bishop Viard	2009
2.05pm	Shot Put	Senior Boys	Ben Power	18.32	Hutt International	2015
2.05pm	Javelin	Intermediate Boys	A Stowers	56.36m	Silverstream	1990
2.05pm	Triple Jump	Junior Boys	Ryan Mallon	12.20m	St Patrick's Town	2020
2.05pm	Triple Jump	Senior Girls	A Thomson	11.83m	Aotea College	2013
2.05pm	High Jump	Intermediate Girls	K O'Hagan	1.72m	Otaki	2009

AWD RECORDS

Track Events

Event	Classification	Gender	Name	Performance	School	Year	Timing
100m	AWD CP	Boys	Niue Pua	17.13	Newlands	2015	HT
100m	AWD CP	Girls	Libby Leikis	16.33s	Wellington Girls'	2016	ET
100m	AWD ID	Boys	K Williams-Accra	12.53s	Rongotai	2010	HT
100m	AWD ID	Girls	M Brown	16.48s	Wainuiomata	2012	ET
100m	AWD WC	Girls	A Leslie	39.09s	Wellington High	2008	HT
100m	AWD WC	Boys	No Record				
100m	AWD AMP/Other	Boys	No Record				
100m	AWD AMP/Other	Girls	No Record				
100m	AWD VI	Boys	J Barr	17.43s	Naenae	2014	ET
100m	AWD VI	Girls	No Record				
200m	AWD CP	Boys	T Roberts	28.44s	St Patrick's Town	2015	ET
200m	AWD CP	Girls	Libby Leikis	33.67s	Wellington Girls'	2016	ET
200m	AWD ID	Boys	K Williams-Accra	27.14s	Rongotai	2009	HT
200m	AWD ID	Girls	M Brown	36.62s	Wainuiomata	2012	ET
200m	AWD WC	Boys	No Record				
200m	AWD WC	Girls	No Record				
200m	AWD AMP/Other	Boys	No Record				
200m	AWD AMP/Other	Girls	No Record				
200m	AWD VI	Boys	C Jennings	37.99s	Paraparaumu	2014	ET
200m	AWD VI	Girls	No Record				
400m	AWD CP	Boys	T Roberts	1:11.15s	St Patrick's Town	2014	ET
400m	AWD ID	Boys	K Ward	1:02.15s	Wairarapa	2015	ET
400m	AWD CP	Girls	R Morrison	1.42.75s	Solway	2014	ET
400m	AWD WC	Boys	No Record				
400m	AWD WC	Girls	No Record				
400m	AWD AMP/Other	Boys	No Record				
400m	AWD AMP/Other	Girls	No Record				
400m	AWD VI	Boys	No Record				
400m	AWD VI	Girls	No Record				
400m	AWD ID	Girls	T Natta	1:35.13s	Newlands	2020	ET
4x100 Relay	AWD	Boys	Mana	59.36s	Mana	2012	ET

AWD Records

Field Events

Event	Classification	Gender	Name	Performance	School	Year	Weight
Discus	AWD CP	Boys	J Ah Hi	34.07m	St Patrick's Town	2009	
Discus	AWD CP	Girls	V Joplin	9.87m	St Orans	2014	
Discus	AWD ID	Girls	B Collins	23.24m	Bishop Viard	2015	
Discus	AWD ID	Boys	T Ruatapu	25.59m	Mana	2012	
Discus	AWD PD	Boys	T Roberts	22.18m	St Patrick's Town	2013	
Discus	AWD WC	Boys	No Record				
Discus	AWD WC	Girls	No Record				
Discus	AMP/Other AWD	Boys	B Ellis	15.17m	St Patrick's Town	2017	
Discus	AMP/Other	Girls	No Record				
Discus	AWD VI	Boys	C Harning	42.00m	Wellington College	2020	
Discus	AWD VI	Girls	K Graham	8.52m	Wellington East	2015	
Javelin	AWD ID	Boys	T Lofhus	24.66m	Upper Hutt	2012	
Javelin	AWD WC	Boys	No Record				
Javelin	AWD WC	Girls	No Record				
Javelin	AWD CP	Boys	D Smith	6.31m	Hutt Valley High	2016	
Javelin	AWD CP	Girls	V Joplin	16.59m	St Oran's	2014	
Javelin	AMP/Other AWD	Boys	No Record				
Javelin	AMP/Other	Girls	No Record				
Javelin	AWD VI	Boys	No Record				
Javelin	AWD VI	Girls	No Record				
Javelin	AWD ID	Girls	P Mau'u	19.27	Naenae College	2014	
Long Jump	AWD ID	Boys	I Kouka-Albert	4.80m	Heretaunga	2018	
Long Jump	AWD ID	Girls	M Vibert	3/18m	St Orans	2014	
Long Jump	AWD VI	Boys	C Jennings	2.14m	Paraparaumu	2014	
Shot Put	AWD CP	Boys	J Ah Hi	10.22m	St Patrick's Town	2012	
Shot Put	AWD CP	Girls	A Malaki	4.69m	Naenae	2015	
Shot Put	AWD ID	Girls	F Ioane	7.79m	Mana	2020	
Shot Put	AWD ID	Boys	T Ruatapu	13.64m	Mana	2013	
Shot Put	AWD CP	Boys	J Ah Hi	10.22m	St Pats Town	2010	
Shot Put	AWD WC	Boys	No Record				
Shot Put	AWD WC	Girls	No Record				
Shot Put	AMP/Other AWD	Boys	N Pua	6.51m	Newlands	2016	
Shot Put	AMP/Other	Girls	No Record				
Shot Put	AWD VI	Boys	No Record				
Shot Put	AWD VI	Girls	No Record				