

Ah Kuoi family making their mark

AFL and RUGBY

YOU name it and the Ah Kuoi

boys will play it. Brothers Utu and Naitoa Ah

Kuoi have played a variety sports with the common denominator being that they usually play them

Rugby and AFL have become their sporting priorities but along the way one or the other, or both, have tried their hand at volleyball, basketball, water polo, handball, athletics, underwater hockey and

Both brothers are in the Wellington College first XV, have been selected for national age group teams in water polo and represented New Zealand at AFL over Anzac weekend.

Utu is a young year 13 – he does not turn 17 till this month – but was among four schoolboys selected for the New Zealand Hawks, the senior AFL team.

He also captained the New Zealand academy team which played in Sydney in March and last month was named as the New Zealand under-16 player of the year for the 2014 season.

The senior Hawks played against the AFL academy team from Australia, which pitted them against the best young talent in

"It was Utu's debut at that level and the newcomers find the pace pretty fast," Wellington AFL academy director Sam McKenzie said. "He was competing against the best in his age group but definitely held his own.'

McKenzie, who also plays for the New Zealand Hawks, has coached Ah Kuoi and played with and against him.

"He is one of the hardest ball

runners in New Zealand," McKenzie said. "He's very quick and

"He's good at hunting the ball and he's a tough player. You don't want to run into him, he's a fairly hard nut."

Ah Kuoi also recorded the sort of results that interest Australian AFL scouts when among 35 schoolboys put through a variety of tests at the national AFL combine, in Wellington last month.

He was the fastest in the group over 20 metres, covering the distance in 2.9 seconds.

"In terms of his speed and athleticism, he's up there," McKenzie said. "The New Zealand [AFL] players are always up against it [compared to their Australian counterparts] in terms of knowledge but that sort of speed can give you a little bit of space.

"He now needs to play more football, to learn more, and making the New Zealand men's side will lead to more opportunities."

Ah Kuoi is versatile in terms of what positions he can cover in AFL but plays mostly in midfield or at halfback.

He demonstrated his versatility again for the Wellington College first XV last weekend, beginning the game against Napier Boys on the wing, as injury cover, before moving back into the loose forwards, where he usually plays.

He has been a comparatively late convert to the forwards, after playing much of his rugby at second five-eighth. "I've only had two years in the forwards and I'm still learning.'

He wants to continue playing both AFL and rugby and has no clear preference. "They are different sports and I would love to have the opportunity to go further in



Brothers Utu, left, and Naitoa Ah Kuoi have made an impression in a variety of sports, including AFL and Rugby.

either one. They have different ting bigger and I will take any skills but playing one helps the

"My size – 1.85m tall and 88kg – probably suits AFL a little bit more than rugby but I still want to give rugby a crack.

"AFL obviously isn't a major sport in New Zealand but it's get-

chance to represent my country."

Ah Kuoi, who also won the senior javelin at the regional schools track and field championships, is likely to head to Otago University next year, with the aim of become a physiotherapist.

Naitoa Ah Kuoi is bigger -

brother and though only a year 11, the 15-year-old is already in his second season in the school first

Few year 10 players make the Wellington College squad, much less earn a spot as a starting lock. "There weren't many year 12 Photo: MAARTEN HOLL/FAIRFAX NZ

1.92m tall and 94kg - than his and 13 locks last year but he [Ah Kuoi] did exceptionally well for a year 10 to break into the squad and then become a key ball winner," first XV coach Lincoln Rawles said. "He's a year 11 now and the senior lock.

Ah Kuoi has had to put his water polo career on hold, due to

'He's good at hunting the ball and he's a tough player. You don't want to run into him, he's a fairly hard nut.

Wellington AFL academy director about



his rugby and AFL commitments but plans to keep playing volleyball and handball while he can largely for enjoyment.

He would look at any opportunities that arose with AFL but his dream is to play professional rugby. "I wasn't expecting to make the first XV last year. It was quite surreal. At first I found it quite tough [at first XV level] but towards the end of the season I was feeling quite comfortable.' He was a member of the Wel-

lington under-16 team last year and selected for the Hurricanes under-17 training camp and is eligible for both squads again this He captained the New Zealand

under-16 AFL side at Anzac weekend and was named the New Zealand player of the series after two games against the Peninsula Saints, from Victoria.

"It was the best I've seen him play," McKenzie said. "His play and his leadership has really developed. His work rate has started to improve and that's a big thing for a player of his size. He was winning about 90 per cent of the hit-outs as a ruckman and that was exciting to see."

Brothers leading Bishop Viard revival

THE Bishop Viard first XV are a true band of brothers.

The squad contains five sets of brothers and the family connections seem to be working.

Bishop Viard followed some solid pre-season form by defeating premier one team St Bernard's 43-24 in the opening grading round last weekend.

That would normally set the winning team up for a return to premier one but it won't be that easy for Bishop Viard. They have a tough pool and

face another big game, away against Wairarapa College, this Saturday. However, Bishop Viard have at

least given themselves a chance of returning to the top grade.

It would be a remarkable achievement, as the first XV played in premier three last year and were beaten in the semifinals by the St Pat's second XV. "It would be a massive bonus

for us if we made premier one," coach Sam Leota said. "Our first goal was to make

sure that we got out of premier three and our other target was to win the Beard Trophy [the competition run between the Porirua Basin schools].

"But we will believe in ourselves, whatever team is in front of us. But we will need to stick to our patterns and play to our strengths.'

Bishop Viard retained most of their players from the 2014 squad and had a good buildup to the

"We have got a really good bunch of kids and three or four of them have been in the team since year 11," Leota said. "There are six year 12 players, who mostly graduated from our under-15 team last year, and a couple of year 10

"One difference this year has been the amount of off-season training. Some of the older boys started doing conditioning training in November and we had a two



The Bishop Viard first XV squad, which includes five sets of brothers, faces a key grading game this weekend.

Wellington sides hope for redemption

Complacency won't be a problem as the Wellington teams prepare for the second round of the first XV festival this week.

The three Wellington sides all had their pride dented when well beaten in the opening round, in Hawke's Bay.

St Pat's Town never flattered when thumped 39-0 by Gisborne

The work has paid off and

They beat Aotea and Porirua

Bishop Viard indicated in their

buildup games that they would be

competitive in the grading rounds.

College in a pre-season tourna-

ment, to claim the Denys Latham

Cup, defeated Naenae, another

premier one team, in the Co-ed

Cup and added wins against

Newlands and the Town second

meant that Bishop Viard now hold

The win over St Bernard's also

day camp in the holidays."

Boys, Silverstream conceded three converted tries in the second half when going down 31-10 against a strong Hastings Boys side and Wellington College were defeated 30-10 by Napier Boys.

Between them, the Wellington teams managed just three tries, while conceding 13. However, the early season games can be skewed

the Cardinal Cup, for the first time

Roy and Tominiko Maiava, Paulo

and Jeremiah Lokeni, Antonio

and Brandon Naera and Tisi

The brothers in the squad are

a true indication of the worth of the Wellington sides. Saturday's games will be held at Palmerston North, with

Silverstream meeting Gisborne,

Town against Napier and

weekend's results are unlikely to be

by a variety of factors and last

Wellington College playing Palmerston North Boys. Wellington.

Finau and Brandon Kamoto. In addition, youngster Nasser Tato joined older brother Dorian in the squad for the pre-season

"We have a pretty experienced backline but a young pack," Leota said. "We don't have a big pack

and it would be one the smallest in

Bishop Viard will be led by lock Dylan Patu and tighthead prop Dorian Tato is another key member of the pack.

and Adam Tone, Jayden McCarthy First five-eighth Va'alepu-Austin has made a big impression and has already racked up nearly 100 points with his boot this year. A former Wellington under-16 rep, he was originally at Porirua College but played for Rotorua Boys' High School last year.

We will believe in ourselves, whatever team is in front of us. But we will need to stick to our patterns and play to our strengths.

Sam Leota Bishop Viard coach



Fullback McCarthy, who has attracted interest from Sydney league clubs, and speedy winger Roy Maiava, who notched three tries against St Bernard's, have also been important cogs in the

Wairarapa College won their grading pool last year, with a win over Hutt International, but were not eligible for premier one.

That is not the case this year. They beat Paraparaumu 40-5 last weekend and wins over Bishop Viard and St Bernard's over the next couple of weekends would secure them a place in the top grade.

Wairarapa lost only two of their 20 games last year, a Co-ed Cup match against Feilding High and the premier two final against Tawa

"This will probably be a season defining game for us [on Saturday]," coach Chris Senior said. "Premier one would bring a lot of benefits. We lost the tight five from last year and have only five years 13s but there is some good talent coming through."

Rongotai scored 11 tries when beating Taita 65-0 last week and it would be a shock if they did not top their grading pool and HIBS, who beat Upper Hutt 27-10, will be favoured in their pool.

Tawa made an encouraging start with a 23-8 win over Aotea and might be the team to beat in pool D, which also includes Naenae, who opened with a 25-20 win over Newlands.

Wellington Girls' squads join forces

IF YOU can't beat them, join them. The Wellington Girls' College senior netball and basketball teams have more than a few

The two squads also do their weekly conditioning sessions together.

It helps reduce the workload for those who turn out for both teams, in an era when the leading school athletes have probably never had more demands on their time.

"We work in well together and it benefits both squads," basketball coach Steve Graham said.

The Wellington Girls' basketball team dominated the Wellington competition last year and three of their leading players -Tegan Graham, Lyric Dixon and Caitlin Grice - are also in the nethall team.

The netball team will be in the limelight next Monday, in their televised clash against Wellington East in a quarter-final of the national college knockout competition. It will also serve as a curtain-raiser to the Pulse-Tactix game at Te Rauparaha Arena.

Wellington Girls' earned a bye in the second round after a 38-26 win over the lower North Island top seeds Manukura in the opening round, while East, who have three players in the New Zealand secondary schools side, advanced by beating St Mary's 30-18 and Newlands 29-25

"It will be a great challenge [against East] and we are very excited about it," Wellington Girls coach Emma Weenink said.

East team and the challenge for us will be to pull together and use all 11 players as a group. 'We took our chances against

"There is a lot of talent in the

Manukura but it was virtually a pre-season game. They had a lot of young players and will be much better later in the season.

"But we have rep players and some of the team have been



Tegan Graham plays her part in both the netball and basketball teams at Wellington Girls' College.

Photo: KEVIN STENT/FAIRFAX NZ

playing together [in the senior team] for three years. The connection is there.

Three of the Wellington Girls' squad - Abby Collier, Aliyah De La Mare and Francesca Wotton are in the Wellington centre under-17 squad and Tianna Rutene is in the under-15 team.

The team is led by goal shoot Bianca van Dyk, daughter of Irene. "Bee [van Dyk] has a very good shooting range," Weenink said. "She has a wonderful personality, is smart and knows the game well - she has watched quite a lot of netball.'

Dixon will miss Monday's game through injury but Junior Tall Fern Tegan Graham, who plays at goal attack, is likely to make a significant contribution. "Tegan is very competitive, has a presence on the court and is very hungry for the ball," Weenink said.

Wellington Girls', East and St Mary's all play in the premier grade in the Wellington women's competition.

'It's great for the school teams," Weenink said. "It's a tough competition and they learn so much playing against clever and more experienced players."



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